

## **2009 Pleasant Hope Cross Country Schedule**

Sept 5th Strafford (10AM)

Sept 15th Bolivar

Sept 22nd Nixa (HS only)

Sept 24th Nixa (JH only)

Sept 29th Pleasant Hope

Oct 1st Ash Grove

Oct 8th Buffalo

Oct 17th Humansville

Oct 31st Districts (Ash Grove?)

Nov 7th State (Jeff City)