

PLEASANT HOPE HIGH SCHOOL

SEPTEMBER BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CEREAL CINNAMON TOAST TROPICAL FRUIT MILK- VARIETY	2 CEREAL PANCAKES BACON APRICOTS MILK- VARIETY	3 CEREAL BISCUIT/GRAVY SAUSAGE PINEAPPLE MILK- VARIETY	4 NO SCHOOL TODAY
7 NO SCHOOL TODAY	8 CEREAL BISCUIT/GRAVY SAUSAGE ORANGE MILK- VARIETY	9 CEREAL SPICE MUFFIN BOTH SERVED WITH TRIX YOGURT APPLE MILK- VARIETY	10 CEREAL WAFFLES CANTALOUPE MILK- VARIETY	11 CEREAL BACON/EGG CHEESE MUFFIN HASH BROWN POTATOES APPLESAUCE MILK- VARIETY
14 CEREAL OMLET TOAST HASH BROWN POTATOES APRICOTS MILK- VARIETY	15 CEREAL BISCUIT/GRAVY SAUSAGE APPLESAUCE MILK- VARIETY	16 CEREAL FRENCH TOAST STICKS SYRUP BANANA MILK- VARIETY	17 CEREAL BREAKFAST PIZZA BOTH SERVED WITH YOGURT & FRUIT PEACHES MILK- VARIETY	18 CEREAL PANCAKE ON STICK BANANA BREAD MILK- VARIETY
21 CEREAL SCRAMBLED EGGS HASH BROWN TOAST TROPICAL FRUIT MILK- VARIETY	22 CEREAL CINNAMON TOAST PEARS MILK- VARIETY	23 CEREAL BISCUIT/GRAVY SAUSAGE PINEAPPLE MILK- VARIETY	24 CEREAL POP-TARTS BOTH SERVED WITH YOGURT & FRUIT MILK- VARIETY	25 CEREAL FRENCH TOAST STICKS CINNAMON APPLES MILK- VARIETY
28 CEREAL BISCUIT/GRAVY SAUSAGE APPLESAUCE MILK- VARIETY	29 CEREAL BAGEL SANDWICH TROPICAL FRUIT MILK- VARIETY	30 CEREAL OATMEAL/ BROWN SUGAR CINNAMON TOAST PEACHES MILK- VARIETY		